

Regis 10 - 10 mile Road Run (05-Nov-2017)

Rank	Bib	Name	AgeGrp	Team	Drtn_OA
Regis 10 - Race distance(s): 10 mile Road Run					
1	112	James Baker (m)	V40	Chichester Runners & AC	00:53:50
2	55	Andrew McCaskill (m)	Snr		00:57:30
3	22	Reuben Hoyte (m)	Jnr	Brighton Phoenix AC & Tri	00:58:04
4	230	Kurt Hoyte (m)	V50	Brighton Phoenix AC & Tri	00:58:58
5	36	Mark Stevens (m)	Snr		00:59:18
6	468	Tom Pritchard (m)	V35	HeAls (Bognor Regis)	00:59:24
7	137	Phillip Young (m)	V40	Windle Valley Runners	00:59:31
8	110	Michael Neville (m)	V35	Chichester Runners & AC	00:59:32
9	117	Tom Easten (m)	V40	Maidenhead AC	00:59:40
10	40	Jacob Maddison (m)	Snr		00:59:55
11	128	Peter Lee (m)	V40	Bognor Regis Tone Zone Run	01:01:50
12	32	Thomas Bunce (m)	Snr	Worthing & District Harriers	01:02:06
13	45	Aled Anderson (m)	Snr	Arena 80 AC	01:02:41
13	86	Darren Bird (m)	V35	Mid Sussex Tri Club	01:02:41
15	21	Sean Power (m)	Jnr	Bognor Regis Tone Zone Run	01:04:00
16	42	Stephen Denman (m)	Snr	Brighton & Hove City AC	01:04:24
17	471	Adam Whitmee (m)	Snr	Run Academy (Worthing)	01:04:56
18	50	Steven Amos (m)	Snr		01:04:57
19	70	Byron Kearns (m)	Snr		01:04:58
20	276	Justin Eggins (m)	V40	Chichester Runners & AC	01:05:34
21	507	John Mervyn-Thomas (m)	V40		01:05:56
22	43	Callum Millar (m)	Snr		01:05:58
23	77	Seth Wise (m)	V35	Iron Owl Health & Fitness	01:06:02
24	170	Joe Solti (m)	V40	Worthing & District Harriers	01:06:25
25	91	Mohamed Chagri (m)	V35		01:06:28
26	108	Christopher Luesley (m)	V35	Run Academy (Worthing)	01:06:30
27	224	Andy Payne (m)	V50	Arena 80 AC	01:06:38
28	89	Tim Cutsforth (m)	V35		01:07:04
29	187	Rob Fleming (m)	V40	Liss Runners	01:07:22
30	23	Casey Keates (m)	Jnr	Chichester Runners & AC	01:07:32
31	27	Jack Penfold (m)	Snr	Bognor Regis Tone Zone Run	01:07:36
32	35	Liam O'Connor (m)	Snr		01:08:32
33	186	Nathan Barker (m)	V40		01:08:39
34	201	Pete Sutton (m)	V50	Run For All	01:08:42
35	188	Peter Littleboy (M)	V40	Tuff Fitty Tri Club	01:08:46
36	26	Jack Harding (m)	Snr	Bognor Regis Tone Zone Run	01:08:52
36	501	Simon Thistlethwaite (m)	V40	Tuff Fitty Tri Club	01:08:52
38	375	Kari Mack (f)	V40	Bognor Regis Tone Zone Run	01:08:55
39	220	Chris Lacey (m)	V50	Worthing Striders	01:08:58
40	332	Juliet Stallard (f)	V35	Bognor Regis Tone Zone Run	01:09:16
41	219	Duncan Stephenson-Gill (m)	V50	Bognor Regis Tone Zone Run	01:09:17
42	121	Jason Snow (m)	V40		01:09:18
43	546	Luis Miguel Martin Nieto (m)	V35		01:09:28
44	17	James Oram (m)	Snr	Tuff Fitty Tri Club	01:09:30
45	475	Joseph Harrison (m)	Snr		01:09:48

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Rank	Bib	Name	AgeGrp	Team	Drtn_OA
46	144	Phillip Churchill (m)	V40	Worthing Striders	01:09:50
47	255	John Bugeja (m)	V50	Rotary Road Runners	01:10:31
48	53	Ryan Butt (m)	Snr	Rotary Road Runners	01:10:40
49	469	Andrew Haslam (m)	V35		01:10:52
50	254	Dean Sanders (m)	V50		01:11:04
51	93	Steven Board (m)	V35		01:11:08
52	155	Steve Gracey (m)	V40		01:11:11
53	203	Charlie Boyes (m)	V50		01:11:14
54	281	Alice Cox-Rusbridge (f)	U17	Chichester Runners & AC	01:11:18
55	272	Walter Hill (m)	V60	Crawley AC	01:11:19
56	248	Ian Baker (m)	V50		01:11:23
57	182	James Divine (m)	V40	HeAls (Bognor Regis)	01:11:36
57	472	Kevin Flores (m)	Snr		01:11:36
59	92	Daniel Shawyer (m)	V35	Denmead Striders RC	01:11:52
60	250	David Kemp (m)	V50	Arena 80 AC	01:11:53
61	481	David Rowe (m)	V40	Bognor Regis Tone Zone Run	01:12:10
62	24	Flynn Jeffery (m)	Jnr		01:12:14
63	62	Jonathan Holland (m)	Snr	Horley Harriers	01:12:15
64	207	Daryl Fairbrother (m)	V50	Bognor Regis Tone Zone Run	01:12:23
65	430	Cathy Ulliott (f)	V50	Brighton & Hove City AC	01:12:28
66	133	Gary Griffiths (m)	V40	HeAls (Bognor Regis)	01:12:31
67	47	Tom Howell (m)	Snr		01:12:44
67	493	Tony Morgan (m)	V50	Tuff Fitty Tri Club	01:12:44
69	80	David Linberry (m)	V35		01:12:45
70	97	Stuart Overhill (m)	V35	Sandhurst Joggers	01:12:51
71	291	Emma Leeson McManus (f)	Snr	Burgess Hill Runners	01:12:55
72	289	Jessica Thomson (f)	Snr	Bognor Regis Tone Zone Run	01:13:13
73	189	Piotr Wasilewski (m)	V40		01:13:25
74	159	Phil Baker (m)	V40	Tuff Fitty Tri Club	01:13:43
75	73	Sy Daymond (m)	Snr	Promenade Plodders	01:14:14
76	394	Anne Kari Enes (f)	V40	Bognor Regis Tone Zone Run	01:14:28
77	198	Gary Smith (m)	V50	Bognor Regis Tone Zone Run	01:14:44
78	166	Sean O'Donnell (m)	V40	Bognor Regis Tone Zone Run	01:14:48
79	409	Katie Young (f)	V40	Promenade Plodders	01:14:53
80	102	Zachary Mariner (m)	Snr		01:14:58
81	51	Richard Strudwick (m)	Snr	Chichester Runners & AC	01:15:00
82	420	Kim Nelson (f)	V50	Chichester Runners & AC	01:15:02
83	76	Lee Kemp (m)	Snr		01:15:03
84	173	Neil Strudwick (m)	V40	Bognor Regis Tone Zone Run	01:15:19
85	180	Joe Jefferies (m)	V40	Winchester & District AC	01:15:20
86	193	Ian Bayley (m)	V50	Bognor Regis Tone Zone Run	01:15:24
87	247	Andrew Owens (m)	V50		01:15:25
87	405	Rebecca Lintott-Clarke (f)	V40	Tuff Fitty Tri Club	01:15:25
89	331	Claire Nunn (f)	V35	Vegan Runners (UK)	01:15:26
90	37	Tom Baker (m)	Snr	Worthing & District Harriers	01:15:29
91	315	Esther Fair (f)	V35		01:15:35

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Rank	Bib	Name	AgeGrp	Team	Drtn_OA
92	278	Barry Waller (m)	V70	Worthing & District Harriers	01:15:38
93	143	Kevin Wightman (m)	V40		01:15:42
94	221	Keith Hardwell (m)	V50	Bognor Regis Tone Zone Run	01:15:43
95	476	Julian Stopps (m)	V40		01:15:51
96	114	Richard Spandley (m)	V40	Haslemere Border AC	01:15:56
97	213	Marcus White (m)	V50		01:15:58
98	324	Ellen Easten (f)	V35	Ealing Eagles RC	01:16:02
99	158	Gareth Glass (m)	V40	Chichester Runners & AC	01:16:10
100	145	Lee O'Neill (m)	V40	Tri-Surrey Tri Club	01:16:18
101	204	Kenny McManus (m)	V50		01:16:38
101	343	Cecilia Bargagna (f)	Snr		01:16:38
103	280	Matthew Court (m)	V50	Promenade Plodders	01:16:55
104	253	Daniel Green (m)	V50		01:17:07
105	83	Graeme Banks (m)	V35		01:17:18
106	139	Craig Joyce (m)	V40		01:17:34
107	156	Robert Kernaghan (m)	V40	Crawley Saints & Sinners RC	01:17:55
107	167	Heath Lewis (m)	V40	HeAls (Bognor Regis)	01:17:55
109	261	Tom Ulliott (m)	V60	Brighton & Hove City AC	01:18:02
110	235	Serdin Sim (m)	V50	Worthing & District Harriers	01:18:03
111	38	Nick Sandford-Smith (m)	Snr		01:18:10
112	162	Paul Stevens (m)	V40		01:18:13
113	94	Mark Green (m)	V35	Bognor Regis Tone Zone Run	01:18:14
114	142	David Morris (m)	V40		01:18:15
115	238	Tony Holcombe (m)	V50	Bognor Regis Tone Zone Run	01:18:24
116	174	Jim Simmons (m)	V40	Bognor Regis Tone Zone Run	01:18:30
116	498	Emma Simmons (f)	V50		01:18:30
118	66	Ashley Smith (m)	Snr		01:18:36
119	434	Lorraine Treadwell (f)	V50	Horsham Joggers	01:18:40
120	374	Natasha Swan (f)	V40	Seaford Striders	01:18:41
121	177	Matt Orrell (m)	V40	Worthing & District Harriers	01:18:42
122	141	Andrew Shill (m)	V40	Bognor Regis Tone Zone Run	01:19:03
122	216	Lee Boniface (m)	V50		01:19:03
124	354	Ness Compton (f)	V40		01:19:04
125	196	Alan Coombs (m)	V50	Bognor Regis Tone Zone Run	01:19:13
126	321	Kara Gardner (f)	V35		01:19:14
127	210	Sean Carroll (m)	V50	Rotary Road Runners	01:19:16
128	64	Matt Hamilton (m)	Snr	Arunners RC	01:19:23
129	140	Rob Cooper (m)	V40		01:19:30
130	411	April Martin (f)	V40		01:19:37
131	160	Justin Geri (m)	V40		01:19:43
132	227	Neil Rabone (m)	V50	Worthing Striders	01:19:46
133	242	Derek Edwards (m)	V50	Bognor Regis Tone Zone Run	01:19:48
134	495	Clare Rixon (f)	Snr		01:19:50
135	403	Josey Faggetter (f)	V40	Bognor Regis Tone Zone Run	01:19:51
136	256	Michael Gibbons (m)	V60	Bramhall Runners	01:20:08
137	202	Glenn Parisi (m)	V50	Tuff Fitty Tri Club	01:20:10

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Rank	Bib	Name	AgeGrp	Team	Drtn_OA
138	206	Sean Tester (m)	V50	Eastbourne Rovers AC	01:20:15
139	105	Paul Sowten (m)	V35		01:20:17
140	191	Simon Bodsworth (m)	V50	Bognor Regis Tone Zone Run	01:20:23
141	104	Tim Kimber (m)	V35		01:20:27
142	382	Denise Wadeson (f)	V40	Worthing & District Harriers	01:20:34
143	134	Stan Mack (m)	V40	Bognor Regis Tone Zone Run	01:20:44
144	34	Shaun Hitchcock (m)	Snr		01:21:01
145	109	Joel Barker (m)	V35		01:21:07
145	309	Jo Turner (f)	Snr	Worthing Striders	01:21:07
147	462	Gewcuj Ward (m)	V50	Tone Zone Runners	01:21:08
148	172	Ian Gregory (m)	V40	Portsmouth Joggers	01:21:10
149	474	Jack Harrison (m)	Snr	Promenade Plodders	01:21:17
150	502	Andrew Moore (m)	V50	Chichester Runners & AC	01:21:34
151	308	Sarah Brockwell (f)	Snr		01:21:35
152	183	Khris Lydon (m)	V40		01:21:41
153	192	Dean Clegg (m)	V50		01:21:49
154	146	Ian Pearce (m)	V40	Arunners RC	01:21:51
154	243	Chris Szabo Hemmings (m)	V50	Farnham Tri Club	01:21:51
156	257	Kevin Valentine (m)	V60	Worthing Striders	01:22:02
157	85	Chris Sloggett (m)	V35	Henfield Joggers	01:22:04
158	239	Eric Beck (m)	V50	Chichester Runners & AC	01:22:11
159	218	Alan Stevens (m)	V50	Portsmouth Joggers	01:22:14
160	185	Nigel Hodges (m)	V40		01:22:20
161	211	Grahame Hurren (m)	V50	Bognor Regis Tone Zone Run	01:23:00
162	151	Owen Davies (m)	V40		01:23:11
163	208	JC Moller (m)	V50		01:23:12
164	258	Peter Ramsdale (m)	V60	Bognor Regis Tone Zone Run	01:23:19
165	116	Rob Hetherington (m)	V40		01:23:34
166	379	Su Hauxwell (f)	V40		01:23:35
167	101	Thomas Daniels (m)	Jnr		01:23:43
168	54	Mark Turner (m)	Snr		01:23:44
168	138	Matthew Foster (m)	V40		01:23:44
170	419	Debbie Moller (f)	V50		01:23:51
171	31	Andrew Renwick (m)	Snr		01:24:01
172	125	Chris Dyer (m)	V40		01:24:03
173	13	Michelle Kyte (f)	V35		01:24:06
173	131	Simon Smith (m)	V40		01:24:06
175	371	Lesley Tugwell (f)	V40	Worthing & District Harriers	01:24:07
175	390	Kate Ward (f)	V40		01:24:07
177	473	Thomas Ellis (m)	Jnr		01:24:08
178	391	Sharon Riley (f)	V40	Tadley Runners	01:24:10
179	244	Anthony Pearce (m)	V50	Worthing Striders	01:24:14
180	297	Vickie Pucher (f)	Snr	Arunners RC	01:24:30
181	486	Neil Pacey (m)	V40	Bognor Regis Tone Zone Run	01:24:40
182	48	Max Wilson (m)	Snr		01:24:42
183	123	Lee Gilbert (m)	V40	UK Run Chat RC	01:24:51

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Rank	Bib	Name	AgeGrp	Team	Drtn_OA
184	169	John Langley (m)	V40		01:24:55
185	491	Nick Sutherland (m)	V50		01:25:04
186	500	Adam Stennett (m)	V35		01:25:06
187	5	Christopher Dummer (m)	Snr		01:25:14
188	444	Mary Morton (f)	V50		01:25:15
189	168	Mark Raven (m)	V40		01:25:18
190	461	Rachelle Williams (f)	V40	Tuff Fitty Tri Club	01:25:23
191	485	Jason Corbould (m)	V40		01:25:40
192	245	Ken Tulley (m)	V50	Crawley Saints & Sinners RC	01:25:44
193	544	Mark Harris (m)	V35		01:25:48
194	195	Briony Seymour (m)	V50		01:26:09
194	484	Paul Rosin (m)	V40		01:26:09
196	79	Richard Andrews (m)	V35		01:26:22
197	266	Richard Earl (m)	V60		01:26:23
198	190	Allen Porter (m)	V40	Bognor Regis Tone Zone Run	01:26:27
199	124	Marc Palmer (m)	V40		01:26:28
200	263	Robert Catlin (m)	V60		01:26:34
201	81	Andy Coyle (m)	V35		01:26:46
201	179	Robert Aldridge (m)	V40		01:26:46
203	478	Amanda de Ridder (f)	V40	Tuff Fitty Tri Club	01:26:58
204	344	Graham Matthews (m)	V50		01:27:11
205	30	David Harris (m)	Snr		01:27:12
206	401	Simonetta D'Arienzo-Cole (f)	V40		01:27:17
207	231	Philip Mitchell (m)	V50		01:27:24
208	9	Darren Hill (m)	V40		01:27:27
209	71	Carl Jordan (m)	Snr		01:27:30
209	88	Martine Rossiter (m)	V35		01:27:30
211	4	Matthew Wadey (m)	V40		01:27:35
212	408	Katja Lowe (f)	V40	Chichester Westgate Tri Club	01:27:38
213	351	Abby Hermans (f)	V40		01:27:42
214	387	Marie Thompson (f)	V40		01:27:43
215	122	Jonathan Hermans (m)	V40		01:27:44
216	135	Will King (m)	V40		01:27:46
217	72	Adam Rockcliffe (m)	Snr		01:27:47
218	67	Adam Brown (m)	Snr		01:27:48
219	267	John Le Lievre (m)	V60	Chichester Runners & AC	01:27:50
220	154	Michael Clark (m)	V40	Reigate Priory AC	01:27:53
221	273	David Wright (m)	V60		01:27:56
222	429	Marie Carey (f)	V50	Burgess Hill Runners	01:28:04
223	333	Wanphen Marsden (f)	V35		01:28:14
224	106	Lee Walker (m)	V35		01:28:15
225	494	Damon Jeffery (m)	V50		01:28:16
226	366	Sarah Mercer (f)	V40	Rotary Road Runners	01:28:21
227	96	Les Somerville (m)	V35		01:28:29
228	380	Elise Eminson (f)	V40		01:28:32
229	44	Emma Strange (f)	Snr		01:28:53

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Rank	Bib	Name	AgeGrp	Team	Drtn_OA
230	302	Joanna Lawrow (f)	Snr		01:29:10
231	57	Charles Simmonds (m)	Snr		01:29:17
232	127	Chris Cooke (m)	V40		01:29:18
233	228	Alec Gray (m)	V50		01:29:22
234	293	Christine Eales (f)	Snr		01:29:32
235	119	Glenn Maynard (m)	V40		01:29:41
236	12	David Sinclair (m)	V40		01:29:46
237	497	Bridget Hicks (f)	V50	Chichester Runners & AC	01:29:47
238	126	Neil Barnard (m)	V40		01:29:48
239	298	Holly Paffey (f)	Snr		01:29:53
240	175	Tim Brown (m)	V40		01:29:54
241	465	Janette Stopps (f)	V35		01:29:58
242	359	Emma Pethybridge (f)	V40		01:30:12
243	59	Adam Norgett (m)	Snr	Bognor Regis Tone Zone Run	01:30:13
244	268	Roger Jasper (m)	V60		01:30:22
245	148	Justin Mitchell (m)	V40	BBC Running Club	01:30:25
246	284	Emily Watson (f)	Snr	Mel's Milers Jogging Club	01:30:29
247	346	Lynette Woodward (f)	V40	Chichester Runners & AC	01:30:35
248	236	Andy Rushton (m)	V50		01:30:41
249	440	Karen Watson (f)	V50	Mel's Milers Jogging Club	01:30:54
250	222	Ian Betteridge (m)	V50		01:30:58
251	317	Ellie Robson (f)	V35		01:31:02
252	225	Rodney Morley (m)	V50		01:31:10
253	249	Jeremy Harrison (m)	V50	Chichester Runners & AC	01:31:18
254	410	Caroline Bugeja (f)	V40	Rotary Road Runners	01:31:34
255	87	Ryan Olliver (m)	V35		01:31:43
256	103	Laura Newell (m)	Snr		01:31:48
257	212	Steven Carpenter (m)	V50		01:31:51
258	306	Julia Martin (f)	Snr		01:32:09
259	348	Jenny Randolph (f)	V40		01:32:10
260	95	Tim Randolph (m)	V35		01:32:11
261	320	Sarah Richards (f)	V35	Worthing Striders	01:32:14
262	264	Michael Millyard (m)	V60		01:32:18
263	132	John Odde (m)	V40		01:32:22
264	271	Alex Bockhurst (m)	V60		01:32:25
265	427	Jane Taylor (f)	V50		01:32:26
266	153	Liz Crockford (m)	V40	Worthing Striders	01:32:34
267	200	Martin Fryer (m)	V50	Promenade Plodders	01:32:37
268	483	Richard Pegden (m)	V40		01:32:40
269	363	Louise Burry (f)	V40		01:32:46
269	442	Debbie Patching (f)	V50	Bognor Regis Tone Zone Run	01:32:46
271	310	Anna Kelly (f)	V35		01:33:02
272	463	Nicola Oakford (f)	V40		01:33:05
273	547	Kimberley Turner (f)	V40	British Airways AC	01:33:06
274	406	Mirela van der Wee (f)	V40		01:33:09
275	395	Michelle Nutting (f)	V40		01:33:11

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276	388	Caroline Bell (f)	V40		01:33:16
277	163	Paul Medlock (m)	V40		01:33:22
278	277	Roger Gerrish (m)	V70		01:33:38
279	352	Karen Vilday (f)	V40	Bognor Regis Tone Zone Run	01:33:42
280	319	Michelle Cooke (f)	V35		01:33:44
281	260	Desmond Daymond (m)	V60	Promenade Plodders	01:33:48
282	312	Heather Farrant (f)	V35		01:33:49
283	314	Rachel Pawley (f)	V35		01:33:50
284	246	Nick Dray (m)	V50		01:33:58
285	69	Kevin Chandler (m)	Snr		01:33:59
286	111	Benjamin John (m)	V40	Swore	01:34:02
287	414	Sarah Macuix (f)	V40	Bognor Regis Tone Zone Run	01:34:06
288	251	Tony Stedman (m)	V50		01:34:10
288	499	Neeve Oldfield (f)	V50	Bognor Regis Tone Zone Run	01:34:10
290	383	Claire Baker (f)	V40	Bognor Regis Tone Zone Run	01:34:11
291	7	David Paige (m)	Snr		01:34:26
292	357	Katy Grant (f)	V40		01:34:40
293	355	Amy Boniface (f)	V40	Rotary Road Runners	01:34:46
294	282	Amy O'Donnell (f)	Jnr	Bognor Regis Tone Zone Run	01:34:50
295	33	Emily Montagu (m)	Snr		01:34:58
296	199	Andrew Medlock (m)	V50		01:35:02
297	378	Kelly O'Haire (f)	V40		01:35:10
298	339	Lizzy Metters (f)	V35		01:35:12
299	335	Kerry Sawyer (f)	Snr	Stubbington Green Runners	01:35:14
299	392	Rachel Brunning (f)	V40	Tuff Fitty Tri Club	01:35:14
301	418	Carol Gilmour (f)	V50		01:35:21
302	20	Paul Taylor-Searle (m)	V60		01:35:22
302	446	Lisa Piper (f)	V50	Arunners RC	01:35:22
304	377	Lisa Joyce (f)	V40	Bognor Regis Tone Zone Run	01:35:23
305	424	Dids Branchflower (f)	V50	Fittleworth Flyers	01:35:35
306	300	Laura Petherbridge (f)	Snr		01:35:43
307	432	Danielle Harris (f)	V50		01:35:56
308	149	Rachael Bailey (m)	V40		01:36:03
309	16	Kate Newman (f)	V35		01:36:06
310	181	Rob Young (m)	V40		01:36:08
311	353	Michelle Rudd (f)	V40		01:36:11
311	356	Gulsen Cowley (f)	V40		01:36:11
313	78	Martin McGinlay (m)	V35	Run Academy (Worthing)	01:36:16
313	457	Yian Solomon (f)	V60	Lancing Eagles RC	01:36:16
315	84	Gerard Cummins (m)	V35	Lancing Eagles RC	01:36:17
316	488	Ivan Shawyer (m)	V40	Lancing Eagles RC	01:36:18
317	63	Alexander Sansom (m)	Snr	Promenade Plodders	01:36:26
318	436	Julie Broad (f)	V50		01:36:28
319	229	Denise Moznabi (m)	V50	Bognor Regis Tone Zone Run	01:36:30
320	46	Jason Abell (m)	Snr		01:36:32
321	489	Sam Martin (m)	V40		01:36:33

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Rank	Bib	Name	AgeGrp	Team	Drtn_OA
322	435	Wendy Harding (f)	V50	Bognor Regis Tone Zone Run	01:36:34
323	184	Martin Shaw (m)	V40		01:36:42
324	316	Michelle Havard (f)	V35		01:36:46
325	259	Kelvin Fenn (m)	V60		01:37:02
326	368	Kerry Iden (f)	V40		01:37:07
327	129	Paul Coe (m)	V40		01:37:15
328	452	Christine Gibbons (f)	V60	Arena 80 AC	01:37:26
329	492	John Orrell (m)	V50	Blackwater Valley Runners	01:37:33
330	283	Abigail Cobby (f)	Snr	Promenade Plodders	01:37:42
331	25	Ewan Thomas (m)	Jnr		01:37:43
332	496	Hazel Rochez (f)	V50		01:37:45
333	28	Steve Baldwin (m)	Snr	LG Runners	01:37:56
334	82	Jemma Morris (m)	V35		01:37:57
335	285	Sophie Smith (f)	Snr		01:38:03
336	370	Alison Gilbert (f)	V40	Promenade Plodders	01:38:28
337	265	Lesley Ward (m)	V60	Bognor Regis Tone Zone Run	01:38:41
338	373	Lucy Brand (f)	V40	Bognor Regis Tone Zone Run	01:38:43
339	367	Liz Clark (f)	V40	Reigate Priory AC	01:38:47
340	439	Ronnie Redstone (f)	V50		01:38:51
341	303	Rebecca Dunbar (f)	Snr		01:38:56
342	241	Stuart Thomson (m)	V50	Bognor Regis Tone Zone Run	01:39:04
342	274	Garry Gaskin (m)	V50	Portsmouth Joggers	01:39:04
344	431	Susan Robinson (f)	V50		01:39:13
345	451	Mary Crabb (f)	V60	Worthing Striders	01:39:22
346	178	Paul Cooke (m)	V40		01:39:24
347	234	Austin Houlston (m)	V50	Worthing Striders	01:39:28
348	404	Michelle Crowley (f)	V40		01:39:37
349	450	Tracy Austin (f)	V50		01:39:41
350	118	Raymond Ko (m)	V40		01:39:42
351	397	Sarah Stothard (f)	V40	Bognor Regis Tone Zone Run	01:39:46
352	398	Louise Maddison (f)	V40		01:39:54
353	39	Ben Crockett (m)	Snr		01:40:02
354	269	Dudley Kemp (m)	V60		01:40:06
355	14	Vickie Daymond (f)	V35		01:40:15
356	417	Kik Loosley (f)	V50		01:40:28
357	447	Sarah Freeman Smith (f)	V50	Chichester Runners & AC	01:40:37
358	233	Jonathan Harrington (m)	V50	Stubbington Green Runners	01:40:46
358	294	Sarah Daymond (f)	Snr		01:40:46
360	10	Jayne Cox (f)	V40	Arunners RC	01:41:14
361	402	Sharon Sheppard (f)	V40	Promenade Plodders	01:41:16
362	299	Amanda Dyer (f)	Snr		01:41:18
363	296	Katie Scowen (f)	Snr		01:41:20
364	438	Sams Sharon (f)	V50		01:41:22
365	460	Sam Ragan (f)	V40		01:41:27
366	487	Steve Copeland (m)	V40		01:41:28
367	338	Sarah Pollock (f)	Snr		01:41:32

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Rank	Bib	Name	AgeGrp	Team	Drtn_OA
368	136	Mathew Miles (m)	V40		01:41:42
369	15	Wendy Whelan (f)	V60	Road Runners Club	01:41:45
370	113	Christopher Jones (m)	V40		01:41:52
371	543	Simon Hilliard (m)	V40		01:41:57
372	6	Paul James (m)	V40		01:42:09
373	197	Dave Robinson (m)	V50		01:42:10
374	479	Lisa Collingwood-Turk (F)	V40		01:42:11
375	381	Lisa Oliver (f)	V40	Lancing Eagles RC	01:42:13
376	369	Carla Tullett (f)	V40	Worthing Striders	01:42:23
377	3	Mark Stevens (m)	V50		01:42:42
378	252	Paul Woodroof (m)	V50		01:42:47
379	176	Andrew McMillan (m)	V40	Vegan Runners (UK)	01:42:50
380	548	John Huntingdon (m)	V50		01:42:55
381	413	Joanna St George (f)	V40	Arunners RC	01:42:58
381	477	Timothy Kenny (m)	V40	Tuff Fitty Tri Club	01:42:58
383	455	Elizabeth Farrell (f)	V60	Bognor Regis Tone Zone Run	01:42:59
384	400	Liz Oliver (f)	V40		01:43:18
385	449	Lisa Love (f)	V50	Mel's Milers Jogging Club	01:43:30
386	223	Tony Lee (m)	V50		01:44:00
387	341	Kate Fincham (f)	Snr		01:44:18
388	384	Shirley Martin (f)	V40		01:44:19
389	275	Alice Slater (f)	Snr		01:44:20
390	376	Debi Haddleton (f)	V40	Bognor Regis Tone Zone Run	01:44:40
391	422	Samantha Yates (f)	V50	Bognor Regis Tone Zone Run	01:44:50
392	270	Steve Flook (m)	V60	Mel's Milers Jogging Club	01:45:15
393	415	Jools Fell (f)	V40	Worthing & District Harriers	01:45:55
394	286	Theresa Wright (f)	Snr	Crawley Saints & Sinners RC	01:46:18
394	482	Peter Grimley (m)	V40		01:46:18
396	350	Helen Thompson (f)	V40		01:46:19
397	542	Anna Carter (f)	V35		01:46:38
398	345	Amanda Cox-Rusbridge (f)	V50		01:46:39
399	325	Dawn Clark (f)	V35		01:46:52
400	433	Jacky Brown (f)	V50	Worthing Striders	01:47:13
401	288	Hannah Phillips (f)	Snr	Lordshill Road Runners	01:47:15
402	445	Sarah Spurr (f)	V50	Bognor Regis Tone Zone Run	01:47:19
403	240	David Mutters (m)	V50		01:47:27
404	365	Lyn Bryant-Nichols (f)	V40		01:47:56
405	334	Paula Baker (f)	V35		01:48:02
406	74	David Boddy (m)	Snr	Promenade Plodders	01:48:07
407	90	Daniel Whitney (m)	V35		01:48:17
408	147	Richard Woolston (m)	V40	Chichester Runners & AC	01:48:47
409	29	Ryan Jones (m)	Snr		01:49:00
409	157	Edwin Bingayen (m)	V40		01:49:00
411	279	Raymond Blackwell (m)	V70		01:49:19
412	490	Richard Copeland (m)	V50	Burgess Hill Runners	01:49:40
413	330	Clare Snow (f)	V35		01:49:50

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Rank	Bib	Name	AgeGrp	Team	Drtn_OA
414	326	Charlotte Day (f)	V35		01:50:31
414	349	Helen Carter (f)	V40	Foxy Ladies	01:50:31
416	340	Danielle Boughton (f)	V35		01:51:31
417	58	Nick Jackson (m)	Snr		01:51:45
418	65	Jack O'Connor (m)	Snr		01:51:46
419	18	Laura Carter (f)	V40		01:51:47
419	342	Sarah Mann (f)	V35	Arunners RC	01:51:47
421	448	Cheryl Melaniphy (f)	V50		01:52:43
422	336	Claire Gibson (f)	V35		01:53:52
423	412	Holly Walker (f)	V40		01:53:54
424	362	Kirstee Porter (f)	V40	Bognor Regis Tone Zone Run	01:53:55
425	421	Cathryn Beresford (f)	V50		01:54:07
426	466	Attila Kalman (m)	V35		01:54:37
427	313	Ellie Hughes (f)	V35		01:55:22
428	441	Janice Barber (f)	V50		01:55:31
429	385	Joanna Yorke (f)	V40		01:55:54
430	152	Gavin Booker (m)	V40		01:55:55
431	464	Paul Chandler (m)	V60	Saints & Sinners (Crawley)	01:56:16
432	454	Giselle Summerfield (f)	V60	Emsworth Joggers	01:56:56
433	453	Maria Lush (f)	V60		01:56:59
434	358	Andrea Collier (f)	V40		01:57:00
435	437	Christina Scutt (f)	V50	Arunners RC	01:57:09
436	295	Alice Jackson (f)	Snr	Reading Roadrunners	01:57:30
437	372	Peggy Moore (f)	V40		01:58:14
438	399	Donna Moore (f)	V40		01:59:42
439	2	Stefanie Ransley (f)	V40		01:59:43
440	389	Nicola Boreham (f)	V40		02:00:14
441	386	Emma Evans (f)	V40		02:00:22
442	318	Lel Hurst (f)	V35		02:00:49
443	458	Wendy Squires (f)	V60	Arunners RC	02:00:56
444	456	Val Bray (f)	V60		02:01:27
445	426	Karen Thomas (f)	V50	Worthing Striders	02:02:28
446	209	Mark Pickett (m)	V50		02:03:08
447	11	Debbie Henaux (m)	V40		02:11:08
448	262	Martyn Greaves (m)	V60	West End Runners	02:13:03
449	423	Helen Bishop (f)	V50	LG Runners	02:13:58
450	165	Christopher Gale (m)	V40		02:15:25
451	19	Tracey Davies (f)	V50		02:15:26
452	292	Eleanor Radford (f)	Snr		02:16:07
453	364	Nikki Hughes (f)	V40		02:16:11
454	305	Polly McAree (f)	Snr		02:23:35
454	327	Julia Vowles (f)	V35		02:23:35